

2008



## GIRLS CAMPS

### WEEK ONE

JULY 7 - 11, 2008  
GRADES 3<sup>RD</sup> - 10<sup>TH</sup>  
ALL SKILL LEVELS

### WEEK TWO

JULY 14 - 18, 2008  
GRADES 3<sup>RD</sup> - 10<sup>TH</sup>  
ALL SKILL LEVELS

WASHINGTON TWP, NJ

[www.nextlevellacrosse.com](http://www.nextlevellacrosse.com)

NEXT LEVEL LACROSSE  
PO BOX # 293  
RIDGEWOOD, NJ 07451-0293



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### NEXT LEVEL LACROSSE - Participant Waiver and Release of Liability Form

**AGREEMENT:** In consideration of my membership in US Lacrosse and of my participation in the sponsored activities of the Next Level Lacrosse Association, I acknowledge and agree to and understand that:

- 1) **READINESS TO COMPETE:** Voluntarily and of my own free will, I elect to participate as a member of the Next Level Lacrosse Association. I will only participate in those US Lacrosse competitions and activities sponsored by the Next Level Lacrosse Association for which I am physically and psychologically prepared to compete.
- 2) **MEDICAL ATTENTION:** I hereby give my consent to US Lacrosse and to the Next Level Lacrosse Association and the host organization of any US Lacrosse sponsored event to provide, through a medical staff of it's choice, customary medical/athletic training, transportation and emergency medical services as warranted through the course of my participation in sponsored lacrosse activities.

**WAIVER AND RELEASE OF LIABILITY:** I am fully aware of and appreciate the risks associated with participation in a lacrosse event, including the risk of catastrophic injury, paralysis and even death, as well as other types of damages and loss. I further agree on behalf of myself, me heirs, and personal representatives, that the US Lacrosse, the Next Level Lacrosse Association, the host organization, and sponsors of any US Lacrosse event, along with their coaches, volunteers, employees, agents, officers, and directors of these organizations shall not be liable for any injury, loss of life or other loss or damage occurring as a result of my participation in the event(s).

Parent's Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Emergency Contact/Relationship \_\_\_\_\_

Phone \_\_\_\_\_

## NEXT LEVEL CAMP DIRECTORS

### LIZ O'CONNOR-GIRLS CAMP DIRECTOR

- \* Director of Next Level Lacrosse Girls Camps and Clinics (2003-2008)
- \* Head Varsity Girls Lacrosse Coach at Immaculate Heart Academy (2005-2008)
- \* Physical Education Teacher at Travell Elementary School, Ridgewood (2003-2008)
- \* 2004 New Jersey Interscholastic Athletic Association Woman of the Year
- \* All-American, Division III National Attack Player of the Year, and ECAC Player of the Year at TCNJ (2000-2003)
- \* 2000 Division III NCAA National Champion at The College of New Jersey (TCNJ)

### DOUG SAGE - FOUNDER & DIRECTOR

- \* Founder & Director of Next Level Lacrosse Camps and Leagues (2000-2008)
- \* Defensive Coordinator for Gettysburg College Men's Lacrosse Team (2006-2008)
- \* Founder & Director of Gamerz Lacrosse Tournament Teams (2005-2008)
- \* Director of Athletics at Immaculate Heart Academy (2002-2006)
- \* Head Varsity Boys Lacrosse Coach at St. Joseph Regional High School (2004-2006)

### NEXT LEVEL COACHING STAFF

JULIKA BLANKENSHIP: ALL-AMERICAN @ GETTYSBURG COLL./ASST COACH WASHINGTON COLL.  
ALLIE GIORDANO: RIDGEWOOD HS/BROWN UNIV.  
LAUREN GOSSNER: ALL-AMERICAN @ TCNJ/ ASSISTANT VARSITY COACH LAWRENCEVILLE HS  
VICKI LATINO: IMMACULATE HEART/MANHATTAN COLL.  
HEATHER RAINEY: TCNJ/HEAD VARSITY COACH LAWRENCEVILLE HS  
RACHAEL RYAN: RIDGEWOOD HS/COLUMBIA UNIV.

## NEXT LEVEL MISSION STATEMENT

The goal of Next Level Lacrosse is to give back to the lacrosse community by teaching the fundamentals of the game to young players and providing opportunities to play at an accelerated level. Next Level Lacrosse programs foster competition, sportsmanship and knowledge of the game by creating a fun, learning lacrosse atmosphere for all players and coaches involved. The Next Level Lacrosse coaching staff includes professional coaches and players from Major League Lacrosse and the National Lacrosse League; top college and high school coaches from across the country; standout players from elite D1, D2, and D3 college programs; along with All-State and All-American high school players from across the tri-state area. Next Level Lacrosse prides itself on assembling a quality coaching staff that understands the responsibilities it has as coaches to teach lacrosse, as well as, role models to build character in the future superstars of the game. Next Level Lacrosse is the top instructional and developmental lacrosse program in northern New Jersey; and is geared towards male and female players of all ages and skill levels. Come join Next Level Lacrosse and . . .

### TAKE YOUR GAME TO THE NEXT LEVEL

#### 2008 GIRLS CAMP WEEKS

##### SESSION #1

July 7 – July 11, 2008 | 9:00am - 3:00pm  
Girls Grades 3<sup>rd</sup>-10<sup>th</sup> | All Skill Levels

##### SESSION #2

July 14 – July 18, 2008 | 9:00am - 3:00pm  
Girls Grades 3<sup>rd</sup>-10<sup>th</sup> | All Skill Levels

*All Girls Camps will be held at Immaculate Heart Academy in Washington Township, NJ*

- \* ALL CAMPERS MUST PROVIDE THEIR OWN STICK, GOGGLES, MOUTHPIECE, & LUNCH.
- \* WEEKLY EQUIPMENT RENTAL IS AVAILABLE

#### NEXT LEVEL LACROSSE 2008 PROGRAMS:

Next Level Lacrosse IHA Team Camp:  
June 30, 2008 – July 3, 2008 (Washington Twp, NJ)

NEW! Next Level Lacrosse 2008 Boys Camp  
July 14, 2008 – July 18, 2008 (Montvale, NJ)  
Brochures available @ [www.nextlevellacrosse.com](http://www.nextlevellacrosse.com)

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### NEXT LEVEL LACROSSE 2008 GIRLS CAMP PLAYER APPLICATION

Please mail this form and check payable to:

**NEXT LEVEL LACROSSE**  
PO Box #293  
Ridgewood, NJ 07451-0293

Name: \_\_\_\_\_ Parents: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

DOB: \_\_\_\_\_ Grade in 9/08: \_\_\_\_\_ US Lacrosse Member: Yes / No (if Yes-ID#: \_\_\_\_\_)

Email: \_\_\_\_\_ Spring Team: \_\_\_\_\_ Position: ATT / MID / DEF / GOAL

**NEXT LEVEL LACROSSE 2008 GIRLS CAMP FEE: \$240.00 EQUIPMENT RENTAL FEE: \$20.00**

Check 2008 Session:  Week # 1: July 7 - 11, 2008 | Grades 3<sup>rd</sup>-10<sup>th</sup> @ Immaculate Heart Academy, Washington Twp  
 Week # 2: July 14 - 18, 2008 | Grades 3<sup>rd</sup>-10<sup>th</sup> @ Immaculate Heart Academy, Washington Twp

**DO NOT RETURN CAMP APPLICATION UNTIL ALL INFORMATION IS COMPLETE & ACCURATE**  
**NEXT LEVEL LACROSSE | PO BOX #293 | RIDGEWOOD, NJ 07451-0293 | WWW.NEXTLEVELLACROSSE.COM**